

# Shri Hanuman Chalisa

(in English with meaning)

**|| Doha ||**

**shri guru charan saroj raj, nij man mukur sudhari  
baranau raghuvar bimal jasu, jo dayaku phal chari**

*"Cleansing the mirror of my mind with the dust from the Lotus-feet of Divine Guru, I describe the unblemished glory of Lord Rama, which bestows four fruits of Righteousness (Dharma), Wealth (Artha), Pleasure (Kama) and Liberation (Moksha)."*

**budhiheen tanu janike, sumirau pavan kumar  
bal budhi vidya dehu mohi, harahu kales vikaar**

*"Considering this person as intelligence less, I remember Lord Hanuman. Give me strength, intelligence and knowledge, cure my body ailments and mental imperfections."*

**|| Chaupai ||**

**jai hanuman gyan gun sagar, jai kapis tihun lok ujagar**

*"Victory to Hanuman who is the ocean of Wisdom and Virtues, Victory to the king of Monkeys who is illuminating the three worlds."*

**ram doot atulit bal dhama, anjani putra pavan sut nama**

*"You are the messenger of Lord Rama (to Mother Sita), You are the abode of incomparable power. You are also called by the names of 'Anjani Putra' (Son of Anjana) and 'Pavana suta' (son of the wind god)."*

**mahavir bikram bajarangi, kumati nivar sumati ke sangi**

*"Oh mighty valorous one, of terrific deeds whose body organs are as strong as Diamond (or the weapon of God Indra). Cure my bad mind oh companion of those with pure (good) mind."*

**kanchan baran biraaj subesa, kanan kundal kunchit kesa**

*"You are golden coloured, you are shining in your beautiful attire. You have beautiful ear-rings in your ear and curly hairs."*

**hath vajra aur dhvaja birajai, kaandhe moonj janeu sajai**

*"Vajrayudha (mace) and flag are shining in your hand. Sacred thread made of Munja grass adorns your shoulder."*

**sankar suvan kesari nandan, tej pratap maha jag bandan**

*"O partial incarnation of Lord shiva, giver of joy to King Kesari. Your great majesty is revered by the whole world."*

**vidyavan guni ati chatur, ram kaj karibe ko aatur**

*"Oh learned one in all Vidyas, one full of virtues, Very clever. You are always eager to do Lord Rama's tasks."*

**prabhu charitra sunibe ko rasiya, ram lakhan sita man basiya**

*"You enjoy listening to Lord Rama's story; Lord Rama, Lakshman and Mother Sita reside in your heart."*

**sukshma roop dhari siyahi dikhava, bikat roop dhari lank jarava**

*"Assuming the smallest form you saw (visited) Mother Sita. Assuming the gigantic form you burnt down Lanka."*

**bhim roop dhari asur sanhare, ramachandra ke kaj savare**

*"Assuming a terrible form you slayed demons. You made Lord Rama's works easier."*

**laye sanjivan lakhan jiyaye, shri raghuvir harashi ur laye**

*"You brought Sanjeevini mountain to save Lakshmana's Life. Lord Rama embraced you in joy."*

**raghupati kinhi bahut badaai, tum mam priye bharatahi sam bhai**

*"Lord Rama praised you very much saying 'You are dear to me like my brother Bharata'."*

**sahastra badan tumharo jas gavai, asa kahi shripati kanth lagavai**

*"May the thousand headed serpent Adishesha sing of your glory' saying this Lord Rama embraced you."*

**sanakadik brahmadi munisa, narad sarad sahit ahisa**

*"Sanaka, Brahma and other Royal sages, Narad, Saraswati and Adishesha."*

**jam kuber digpaal jahan te, kabi kovid kahi sake kahan te**

*"Yama, Kubera, Dikpaalakas, poets and singers; they can not describe your greatness properly."*

**tum upkar sugrivahi keenha, ram milaye rajpad deenha**

*"You helped Sugreeva. You made him friends with Lord Rama which gave him his Kingdom back."*

**tumharo mantra vibheeshan mana, lankeshwar bhaye sab jag jana**

*"Vibheeshana accepted your Suggestion. He became the king of Lanka because of your advice, whole world knows it."*

**jug sahastra jojan par bhanu, leelyo tahi madhur phal janu**

*"You flew towards the Sun who is thousands of years of Yojanas away, thinking of him as a sweet fruit."*

**prabhu mudrika meli mukh mahi, jaladhi langhi gaye achraj nahi**

*"Putting the ring of Lord Rama in your mouth, you jumped and flew over the Ocean to Lanka, there is no surprise in that."*

**durgam kaj jagat ke jete, sugam anugraha tumhre tete**

*"All the difficult tasks in the world, become easy if there is your grace."*

**ram duare tum rakhvare, hoat na agya binu paisare**

*"You the doorkeeper of Lord Rama's court. Without your permission nobody can enter Lord Rama's abode."*

**sab sukh lahe tumhari sarana, tum rakshak kahu ko darana**

*"All happiness stay with those who take refuge in you. You are the protector, why be afraid?"*

**aapan tej samharo aape, tino lok hank te kape**

*"Only you can cancel your powers. All three worlds tremble in fear."*

**bhoot pisaach nikat nahin ave, mahabir jab naam sunave**

*"Evil Spirits and Ghosts don't come near when your name is heard O great Courageous one."*

**nase rog hare sab peera, japat nirantar hanumat beera**

*"Diseases will be ended, all pains will be gone, when a devotee continuously repeats Hanuman the brave's name."*

**sankat se hanuman chhudave, man kram bachan dhyan jo lave**

*"Hanuman will release those from troubles who meditate upon him in their mind, actions and words."*

**sab par ram tapasvee raja, tin ke kaj sakal tum saja**

*"Lord Rama is the king of all, he is the king of yogis. He whoever takes refuge in Lord Rama you will manage all their tasks."*

**aur manorath jo koi lave, sohi amit jeevan phal pave**

*"Whoever brings many of their wishes to you, they will get unlimited fruits."*

**charo jug partap tumhara, hai parsidh jagat ujjaya**

*"Your glory is for all the four yugas, Your greatness is very famous throughout the world, and illuminates the world."*

**sadhu sant ke tum rakhware, asur nikandan ram dulare**

*"You are the guardian of Saints and Good people. You killed demons and you are dear to Lord Rama."*

**asht siddhi nav nidhi ke data, asa bar deen janki mata**

*"Mother Sita granted you a boon to become the bestower of 8 Siddhis (supernatural powers) and 9 Nidhis (divine treasures)."*

**ram rasayan tumhare pasa, sada raho raghupati ke dasa**

*"You have the sweet devotion to Lord Rama. May you always be a devotee of Lord Rama."*

**tumhare bhajan ram ko pave, janam janam ke dukh bisarave**

*"Singing your name gets us Lord Rama himself and Removes the sufferings of many lives."*

**ant kal raghubar pur jai, jaha janma hari bhakt kahai**

*"He who sings of you, at the end of life he attains to Lord Rama's abode. Where he will be born as a Devotee of Lord Rama."*

**aur devta chit na dharai, hanumat sei sarb sukh karai**

*"Not contemplating on other gods, gets all his happiness from Hanuman by serving him."*

**sankat kate mite sab peera, jo sumirai hanumat balbeera**

*"Pains will be removed, all afflictions will be gone of who remembers Hanuman the mighty brave one."*

**jai jai jai hanuman gusai, kripa karahu gurudev ki nai**

*"Victory to you O master of the senses. Show mercy on us like a Guru does."*

**jo sat bar path kare koi, chhutahi bandhi maha sukh hoi**

*"He whoever recites this a hundred times, his chains of Bondage will be cut, Great happiness will be his."*

**jo yah padhe hanuman chalisa, hoye siddhi sakhi gaurisa**

*"He whoever reads these verses on Hanuman, he will get spiritual attainments, Lord Shiva is the witness to this statement."*

**tulsidas sada hari chera, kije nath hridaye maha dera**

*"Tulsidas is always a disciple of Lord Rama. O lord make my heart your abode."*

**|| Doha ||**

**pavan tanay sankat haran, mangal murati roop,**

**ram lakhani sita sahit, hridaye basahu sur bhoop**

*"O Son of wind god, remover of difficulties, oh one of auspicious form. With Ram, Lakshman and Sita reside in our hearts of King of Gods."*

**Jai Shri Ram! Jai Hanuman!**

**Presented by:**

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